

Dharma Drum Mountain

7-Day Retreat

In the 7-day Chan retreat, one learns to isolate oneself from the past and future, and becomes focused on the present. One pays no attention to what other people think, say or do and therefore releases oneself from any entanglement with others.

To practice calming the mind and become aware of every phenomenon, one will not be influenced by the internal or external environment. Furthermore, one learns to let go of the attachment to the self and give rise to a mind that is no longer afflicted by vexations or attachments.

Retreat Date

October 20 - 27 , 2012
(Sat. 2:30 pm - Sat. 10:00 am)

Retreat Teacher

Zarko Andricevic

Founder of the Buddhist Center in Zagreb, Croatia. Zarko first encountered Buddhism in 1975 and has been a yoga teacher since the 1970s. He has dedicated himself to the practice of Chan meditation and has attended Master Sheng Yen's retreats regularly. In June 2001, He received Dharma transmission from Master Sheng Yen, thus becoming one of his five Dharma heirs in the West.

Retreat Venue

Chan Hall at Dharma Drum Mountain (DDM), Jinshan, Taipei, Taiwan.

Who May Participate

Those who have taken meditation classes (i.e. Beginners' Meditation Class), and have practiced sitting meditation for more than one year.

Website <http://www.dharmadrum.org/img/>

Organizer DDM Chan Meditation Center

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Donations Donations to the Dharma Drum Mountain, as a non-profit organisation, are tax-deductible. When you donate to DDM, you are supporting our core services for peace building and improving our community such as charity, education, retreats and other meditation classes.

